

The Martial Arts Center

A Smart Approach To Exercise, Discipline and Self Defense





STUDENT'S NAME

Dear Parent,

As martial arts instructors, we encourage your child to demonstrate consistent, respectful, responsible and positive behavior in all areas of his or her life. Home life is fundamental to character development of these qualities.

In support of developing this positive attitude, we, as instructors, ask that you, as parents, be our teammates in holding your children to a standard of high character at home. In this spirit, we require this letter to be returned as one of the conditions for your child earning the opportunity to test for subsequent rank in his or her martial arts practice.

Your child can exhibit this positive behavior in many ways. Just a few of the possibilities include:

CLEAN YOUR SHOW BE KIND TO ROOM A SIBLING RESPECT Be extra polite. Answer your Keep your room clean and picked If you have a brother, sister, cousin parents "yes sir" and "yes ma'am". up. Clothes off of the floor, toys or neighbor...be kind to them. Listen to what your parents say organized and your bed made! Share your toys with them and tell Do it every day! and respond respectfully. them what you like about them. **SPREAD** DO IT THE FIRST **GO ABOVE** THE LOVE TIME AND BEYOND Show your affection and caring for Do your chores and things you need Do something to help your your parents by saying things like, to do without being asked. Dress parents when they least expect it! "I love you" and "Thank you". yourself, brush your teeth, take out Do something extra special, that you Communicate your appreciation of the garbage without your parents havdon't ordinarily do. Set the table, your parents this way every day! ing to say anything! WOW! help with the chores, be creative! My child has shown great character at home in the following ways:

PARENT'S SIGNATURE

DATE _____